



| training for business |

Foundation Leadership Programme

AUCKLAND Open Programmes for 2025

Suzanne Wilson - Facilitator

Open Programme 1	Open Programme 2	Open Programme 3	Open Programme 4	Open Programme 5
Day 1 - 5 February Day 2 - 26 February Day 3 - 19 March Graduation - 9 April	Day 1 - 10 April Day 2 - 1 May Day 3 - 22 May Graduation - 12 June	Day 1 - 10 June Day 2 - 1 July Day 3 - 22 July Graduation - 12 August	Day 1 - 20 August Day 2 - 10 September Day 3 - 1 October Graduation - 22 October	Day 1 - 9 October Day 2 - 30 October Day 3 - 20 November Graduation - 11 December

VENUE: Stardome Observatory, One Tree Hill Domain, 670 Manukau Road, Epsom, Auckland

DAY 1:

Module 1: Communication & Goal Setting

9am-12.30pm

Module 2: Developing Effective Teams

1pm-4.30pm

- Understanding their own communication style
- Identify other styles
- Strategies to communicate more effectively
- Goal setting & planning
- Tips for effectiveness
- Identifying priorities & planning
- The qualities of an effective team
- Understanding the difference between a group & a team
- 4 stages of team development
- Team problem-solving & decision making
- Identifying key ingredients for high performance

DAY 2:

Module 3: Leadership vs Management

9am-12.30pm

Module 4: Motivation & Delegation

1pm-4.30pm

- Leadership vs management
- The impact of effective leaders
- Communicating vision
- Personal leadership styles
- Leadership challenges & solutions

- Motivation
- Recognition & appreciation
- Empowering your people
- The art of delegation

DAY 3:

Module 5: Coaching Performance

9am-12.30pm

Module 6: Managing Change

1pm-4.30pm

- The role of the coach in the business
- Skills for effective coaching
- Coaching performance issues
- New skill development

- Understanding the value of change
- Aspects of managing change in the workplace
- Identifying a process for managing change
- Managing people through change

DAY 4 - GRADUATION (2hrs):

9am-11am

Participant presentations to Managers. Followed by a celebration of success.